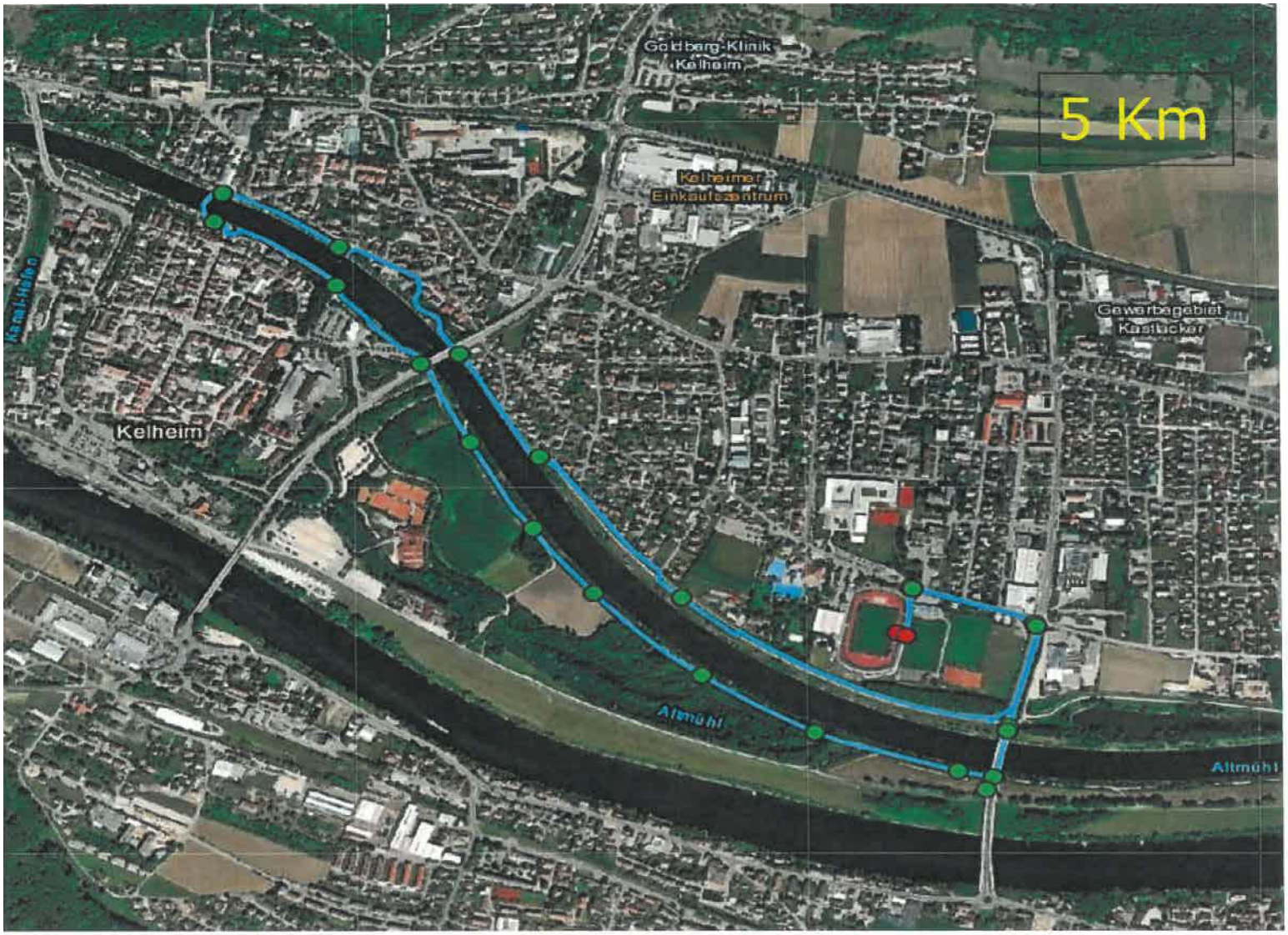Kurzstrecke Frauenlauf 2025